

# New England Regional USA Yoga Asana Championship

## Waiver and Release of Liability

(PLEASE PRINT CLEARLY)

Name \_\_\_\_\_ Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_ Phone ( ) \_\_\_\_\_ Sex \_\_\_\_\_ Age \_\_\_\_\_

Home Studio \_\_\_\_\_ Entry Fee \_\_\_\_\_

Who to notify in case of emergency \_\_\_\_\_ Phone ( ) \_\_\_\_\_

### READ AND SIGN BELOW

I acknowledge that this hatha yoga championship can be an extreme test of a person's physical and mental limits and carries with it the potential for serious injury. I realize that liability may arise from negligence or carelessness on the part of the persons or entities being released, from dangerous or defective equipment or property owned, maintained or controlled by them or because of their possible liability for any other reason, including liability without fault.

I certify that I am physically fit, have sufficiently trained for participation in the event and have not been advised otherwise by a qualified medical person. I certify that I am not pregnant or have any medical condition that prevents me from performing the yoga asanas as detailed in my information packet.

I acknowledge that this Waiver and Release of Liability form will be used by the event holders, sponsors, and organizers in events in which I may participate and that it will govern my actions and responsibilities at said events.

In consideration of my application and permitting me to participate in this event, I hereby take the following action for myself, my executors, administrators, heirs, next of kin, successors, and assigns as follows: (A) Waive, Release and Discharge from any and all liability for my death, disability, personal injury, property damage, property theft or actions of any kind which may hereafter accrue to me or my traveling to and from this event, Bikram Yoga Nashua and any and all Co-Directors, Associated Directors and or Support Staff affiliated with this event; and THE FOLLOWING ENTITIES OR PERSONS: USA Yoga Federation and their directors, officers, employees, volunteers, representatives, and agents, the event holders, event sponsors, event directors, event volunteers, and event officials (collectively Releasees); SpringStep and their directors, officers, employees, volunteers, representatives, and agents, the event holders, event sponsors, event directors, event volunteers, and event officials (collectively Releasees); (B) Indemnify and Hold Harmless the entities for myself, my heirs, executors, administrators, legal representatives, assignees and successors in interest (collectively Successors) I HEREBY WAIVE, RELEASE, DISCHARGE, HOLD HARMLESS AND PROMISE TO INDEMNIFY AND NOT TO SUE the releasees and the sponsors of this event, the organizer and any promoting organizations, property owners, law enforcement agencies, all public entities, special districts and properties, and their respective agents, officials, and employees through or by which the events will be held (the foregoing are also collectively deemed to be releasees) FROM ANY and all rights and CLAIMS INCLUDING CLAIMS ARISING FROM THE RELEASEE'S OWN NEGLIGENCE which I have or which may hereafter accrue to me and from any and all damages which may be sustained by me directly or indirectly in connection with, or arising out of my participation in or association with, the event or travel to or return from the event.

I hereby consent to receive medical treatment, which may be deemed advisable in the event of injury, accident and/or illness.

I understand that at this event or related activities I may be photographed. I agree to allow my photo, video or film likeness to be used for any legitimate purpose by the event holders, producers, sponsors, organizers and/or assigns.

This Waiver and Release of Liability shall be construed broadly to provide a release and waiver to the maximum extent permissible under applicable law.

I hereby certify that I have read this document and I understand its content.

Signature of entrant \_\_\_\_\_ Date \_\_\_\_\_

**PARENT OR GUARDIAN WAIVER FOR MINORS (Under 18 years old)** The undersigned parent and natural guardian or legal guardian does hereby represent that he/she is, in fact, acting in such capacity and agrees to save and hold harmless and indemnify each and all of the parties referred to above from all liability, loss, cost, claim or damage whatsoever which may be imposed upon said parties because of any defect in or lack of such capacity to so act and release said parties on behalf of the minor and the parents or legal guardian.

Signature of parent or guardian of minor \_\_\_\_\_ Date \_\_\_\_\_

(rev. 7-22-07)